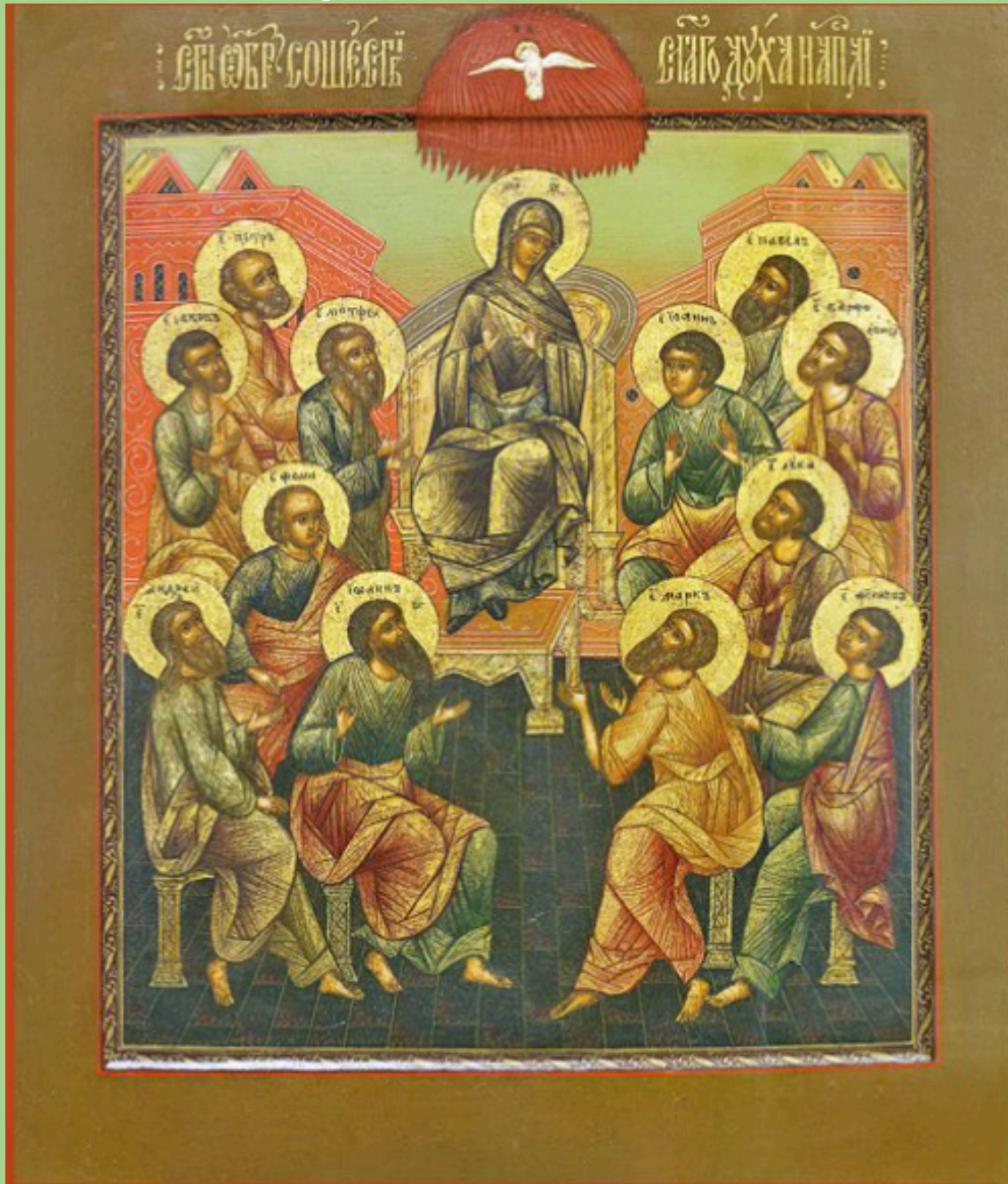


The Fourth Sunday After Pentecost

June 28, 2020



St. Aidan's Episcopal Church
8:00 a.m.

Morning Prayer

Deacon/Officiant God is Spirit, and those who worship must worship in spirit and in truth.
John 4:24

Confession

Deacon Let us confess our sins against God and our neighbor.

A space of silence is kept

All ***God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done and the evil done on our behalf. Forgive, restore and strengthen us through our Savior Jesus Christ that we may abide in your love and serve only your will. Amen.***

Deacon / Officiant

Almighty God have mercy on us, forgive us all your sins through the grace of Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.
Amen.

Opening Versicle

Deacon/Officiant

O God, let our mouth proclaim your praise

People

And your glory all the day long.

All

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Venite

Deacon/Officiant

The Holy One is in our midst:

People

O come let us worship.

***Come, let us sing to the Holy One;
let us shout for joy to the Rock of our salvation.***

***Let us come before God's presence with thanksgiving,
and raise a loud shout with Psalms.***

***For you, O God, are a great God;
you are great above all gods.***

***In your hand are the caverns of the earth,
and the heights of the hills are yours also.***

The sea is yours, for you made it,

and your hands have molded the dry land.

*Come, let us bow down and bend the knee,
and kneel before God, our Maker,*

*For you are our God,
and we are the people of your pasture and the sheep of your hand.*

Oh that today we would hearken to your voice!

*Deacon/Officiant The Holy One is in our midst:
People O come let us worship.*

The Psalm

Psalm 13

Antiphon How exalted is your Name, O God, in all the world.

*1 How long, O Lord? will you forget me for ever? *
how long will you hide your face from me?*

*2 How long shall I have perplexity in my mind, and grief in my heart, day after day? *
how long shall my enemy triumph over me?*

*3 Look upon me and answer me, O Lord my God; *
give light to my eyes, lest I sleep in death;*

*4 Lest my enemy say, "I have prevailed over him," *
and my foes rejoice that I have fallen.*

*5 But I put my trust in your mercy; *
my heart is joyful because of your saving help.*

*6 I will sing to the Lord, for he has dealt with me richly; *
I will praise the Name of the Lord Most High.*

Antiphon How exalted is your Name, O God, in all the world.

The Lessons

The First Reading

Lector A reading from Genesis.

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The Lord will provide"; as it is said to this day, "On the mount of the Lord it shall be provided."

Lector Hear what the Spirit is saying to God's people.
People ***Thanks be to God.***

Canticle S: A Song of Our True Nature

Julian of Norwich

***Christ revealed our frailty and our falling,
our trespasses and our humiliations.
Christ also revealed his blessed power,
his blessed wisdom and love.
He protects us as tenderly and as sweetly when we are in greatest need;
he raises us in spirit
and turns everything to glory and joy without ending.
God is the ground and the substance, the very essence of nature;
God is the true father and mother of natures.
We are all bound to God by nature,
and we are all bound to God by grace.
And this grace is for all the world,
because it is our precious mother, Christ.
For this fair nature was prepared by Christ
for the honor and nobility of all,
and for the joy and bliss of salvation.***

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The Second Reading

Lector A reading from Paul's Letter to Romans (6:12-33).

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Lector Hear what the Spirit is saying to God's people.

People ***Thanks be to God.***

Canticle J: A Song of Judith

***I will sing a new song to my God,
for you are great and glorious, wonderful in strength, invincible.
Let the whole creation serve you,
for you spoke and all things came into being.
You sent your breath and it formed them.
No one is able to resist your voice.
Mountains and seas are stirred to their depths.
Rocks melt like wax at your presence.
But to those who fear you,
you continue to show mercy.
No sacrifice, however fragrant, can please you,
but whoever fears God shall stand in your sight forever.***

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The Third Reading

Lector A reading from the Gospel of Matthew.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

Lector Hear what the Spirit is saying to God's people.
People ***Thanks be to God.***

The Sermon

The Rev. Lindy Bunch
Trinity/ St. Peter's Episcopal Church, San Francisco

The Apostle's Creed

***I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried; he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.***

The Prayers

Deacon/ Officiant God be with you.
People ***And also with you.***
Deacon/ Officiant Let us pray.

***God in heaven,
hallowed be your name.***

***Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread and forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.***

V. Help us, O God our Savior;
R. ***Deliver us and forgive us our sins.***
V. Look upon your congregation;
R. ***Give to your people the blessing of peace.***
V. Declare your glory among the nations;
R. ***And your wonders among all peoples.***
V. Do not let the oppressed be shamed and turned away;
R. ***Never forget the lives of your poor.***
V. Continue your loving-kindness to those who know you;
R. ***And your favor to those who are true of heart.***
V. Let not the needy, O God, be forgotten;
R. ***Nor the hope of the poor be taken away.***
V. Satisfy us by your loving-kindness in the morning.
R. ***So shall we rejoice and be glad all the days of our life.***

The Collect of the Day

Deacon/Officiant

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious remembrance of your Son our Savior: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Savior. ***Amen.***

Healing Prayer

*Members of the congregation are invited to unmute and make a request for healing prayer.
You may make a request for yourself or on behalf of another. The Deacon will then offer a prayer.*

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O God, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. ***Amen.***

Concluding Sentences

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine; Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

Sources

Morning Prayer is from *Enriching Our Worship I* (New York: Church Publishing, 1998), 18-42 with *The Book of Common Prayer* (New York: Church Publishing, 1979), 75-102.

The translation of the Venite is from *The Saint Helena Breviary* (New York: Church Publishing, 2006), 2.

Many thanks to the Reverend Lindy Bunch, Priest in Charge of Trinity/St. Peter's Episcopal Church in San Francisco for sharing her recorded sermon with St. Aidan's as well as her own congregation this morning.

Serving St. Aidan's

The Rev. Margaret Dyer-Chamberlain, *Deacon / Officiant*
The Rev. Lindy Bunch, *Preaching*

Announcements

Remote Worship to Continue at Least through July

Although the state of California, and some of its counties, are beginning to allow some religious in-person gatherings, we in the Diocese of California will only begin to do so when we feel it is safe. The Diocese of California has recently released guidance for in person "regathering" on their website: <https://diocal.org/diocesan-regathering-plan>. St. Aidan's will continue the pattern we have been in at least through July and perhaps beyond August, refraining from holding events in our building with the exceptions of the Friday Food Pantry and Diamond Diners, and now also with the exception of the Cielito Lindo Preschool, which has reopened in strict compliance with state, county and diocesan rules. This current state of affairs won't last forever, but we do need to keep staying the course to stay safe. Thank you very much for all your support as we continue to make our way forward together.

"No Seniors Without a Home" Photo Campaign from Faith in Action

On July 21, Faith in Action is holding a city-wide summit to update our whole community on the crucial issues the community is working on, particularly regarding housing. We will share our strategy, hear testimony, and build power for an action in August to be broadcast from Grace Cathedral. We need as many people as possible to turn out in July and join this movement. As part of that July meeting, FIA will have a roll-call to show all the congregations supporting us. They ask us to please send a photo of ourselves holding a sign that says:

- "No Seniors Without a Home"
- St. Aidan's Episcopal Church, San Francisco (or just St. Aidan's, San Francisco)
- Your name (First name only if you prefer)

Kids and adults are welcome to submit photos! Photos can be emailed to SFSOUL@FAITHINACTIONBA.ORG or can be texted to 650-438-5320 for those who don't have email, but email is preferable. Please submit photos **by July 10**.

Wrestling With the Scriptures

Wrestling with the Scriptures, our monthly Zoom-based Bible study, will next meet on Tuesday, July 7th, and will focus upon Luke 16:1-9. It will be led by Susan Spencer who can be reached at spence2780@aol.com.

Please send in your recipes for the COVID Connect Cookbook!

From Peter Fairfield: We are living through a time that will change our world in ways that we cannot yet begin to understand. We can hope that our shared vulnerability to this virus worldwide will help us see that all humanity is connected and that we must all work together. As we shelter in place, many of us are concerned with food. If we are not working, how will we afford it? If we cannot go out, how will we get it? In our community of Saint Aidan's, many are able to feed themselves and to help others get fed. More than that, we appreciate the food that we get and are finding new ways of making the sharing of food as enjoyable as possible. The soup recipes that Cameron has been sharing in the Spark have made our diet much more enjoyable and have given Linnea and I the inspiration to collect recipes from all the congregation and share them. We ask that everyone with a favorite recipe email it to us at peterlinnea@earthlink.net. We will collect and edit them into a cookbook—the COVID Connect Cookbook—that will be a lasting reminder of this strange and special time in all our lives.

Contemplative Prayer continues: Tuesday, Thursday, & Saturday from 9-10 AM via Zoom
Contemplative prayer continues during this time of sheltering in place, via Zoom. Contemplative Prayer is silent with the beginning and ending marked by a bell. You can practice meditation, silent prayer, journal, or otherwise enjoy the collective quiet. Thank you to Susan Spencer for offering to anchor this practice once again, especially the Saturday, during this time. Please feel free to reach out to Cameron for the Zoom access information: rector@staidansf.org.

Morning Prayer continues: Mon, Wed, Fri at 7:30 AM via Zoom

We also continue to have Morning Prayer to help sustain and ground us, online/over the phone! Please feel free to reach out to Cameron for the Zoom access information: rector@staidansf.org.

St. Aidan's Gourmet Book Group

The St. Aidan's Gourmet Book Group (usually but not always) meets the last Monday of the month and welcomes your favorite sweet and savory finger foods as well as book suggestions for future meetings. When we are not sheltering in place, meetings are usually at the home of Elaine Mannon, 295 Urbano Drive, SF. Please reach out to her about future meetings at 415 469-9832 or elaine@mannon.com

Calendar for the Week of June 28, 2020

Sunday, June 28

Holy Eucharist via Zoom at 8 and 10 AM

Monday, June 29

Morning Prayer via Zoom at 7:30 AM

Tuesday, June 30	Contemplative Prayer via Zoom at 9 AM
Wednesday, July 1	Morning Prayer via Zoom at 7:30 AM Diamond Diners Take-out from the Main Door, 12-1 PM Evening Prayer (Via Zoom), 6:30pm
Thursday, July 2	Contemplative Prayer via Zoom at 9 AM Kaffeeklatsch, (Via Zoom), 3-4 PM
Friday, July 3	Morning Prayer via Zoom at 7:30 AM <i>No Friday Food Pantry this week</i>
Saturday, July 4	Contemplative Prayer via Zoom at 9 AM

St. Aidan's Vestry

David Mealy, Senior Warden
Will Crockett, Junior Warden
Dave Frangquist, Clerk & Treasurer
Peter Fairfield, Charlie Mader, Elaine Mannon,
Christine Powell, Nicole Miller, Elena Wong

Staff e-mail addresses

Cameron: rector@staidansf.org Keith: office@staidansf.org
Barry: music@staidansf.org

St. Aidan's Prayers

In Your Prayers, Please Remember:

In the Episcopal Church: for Michael our Presiding Bishop; Marc our Bishop; the clergy of the Diocese; our Rector Cameron; our assisting priests Don and Gary; our Deacons Margaret, Mark, and Susan; our Music Minister Barry; our Parish Administrator Keith

In the Anglican Cycle of Prayer: Pray for the Diocese of Maine and Texas

In the Diocesan Cycle of Prayer: St. Alban's, Albany

In our Parish Cycle of Prayer: for our Gourmet Book Group

For those with birthdays this week: David Frangquist, Darlene Frank, Wesley Cao, Rev. Glenda Hope, Pam Wong

For those who strive to maintain mental and emotional wellness, and for their families and friends;

For those who have asked for our prayers: Bryan, Ashley, Don T. & family, Ginny & family, Darlene, Nancy F., Debbie V., Carmen, Dorothy, Ed C., Deborah T., George, Mary, Donna N.

For the ongoing work against all intersecting forms of oppression, particularly racism; and in affirmation of the human dignity of all people;

For all who are struggling in this time of pandemic, vulnerability, intensified injustice and division; for strength, support, and community across physical distances and for deepened engagement and commitment to our common life;

Pray for those who have died: John Finn, Tom Slaiman, Bob Tobler, John Dyer, Lutter Robinson, Liken Wong, Jess, Don Tettelbach, Ginny Troyan, Dorothy Leong, Grace Jang, Ahmaud Arbery, Breonna Taylor, George Floyd, Sean Monterrosa, Erik Salgado and all who have died in wars, natural disasters or other violence around the world and for their families.

Names of the living are printed by first name only unless otherwise requested.

Names will be kept on the prayer list for four weeks, to keep someone on the list for longer, please notify the office.

To place a name on our prayer list, please contact the church office at 415-285-9540, ext. 3 or office@staidansf.org



St. Aidan's Episcopal Church

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